

BERGEN NEW JERSEY *County*

James J. Tedesco III
County Executive

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Director

DIVISION OF SENIOR SERVICES
Lorraine Joewono
Director



For Your Information...

KEY TELEPHONE NUMBERS

Division of Senior Services
Bergen ADRC (formerly NJ EASE)
(201) 336-7400
1-(877) 222-3737

Meals on Wheels
(201) 336-7420

Bergen County Housing Authority
(201) 336-7600

Community Transportation
(201) 368-5955

Division of Disability Services
(201) 336-6500

Bergen County
Board of Social Services
(201) 368-4200

WALLINGTON SENIOR ACTIVITY CENTER

Agata Dressler, Director
24 Union Blvd
Wallington, NJ 07057
Phone: (973) 777-5815 • Fax (201) 000-0000

wallingtoncenter@bergencountynj.gov

Open: Monday - Friday, 8:00AM - 3:30PM

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WALLINGTON SENIOR ACTIVITY CENTER Bergen County Department of Human Services Division of Senior Services/ADRC December 2024

December 4	Craft: Holiday Cards for Veterans	10:00AM
December 4	Christmas Tree Decorating - Hot Coco & Cookies	12:00PM
December 5	Learn About Your Electronics Bring your phone, iPad, Laptop. <i>w/ Wallington High School</i>	12:15PM
December 10	Coffee & Cake with a Police Officer <i>Wallington Police Department visit</i>	10:00AM
December 11	Gingerbread House Day - <i>Work starts on November 25</i> <i>Seniors will participate in a competition "Gingerbread House"</i> <i>organized by Bergen County Parks Department</i>	Ask for details
December 18	Ugly Sweater Project <i>Bring a sweater to decorate</i>	12:15PM
December 20	Holiday Party & National Ugly Sweater Day <i>Wear Your Ugly Sweater to the Party</i>	11:00AM
December 25	Center Closed	All Day

Please Note Center will be closed Wednesday, January 1, 2025

Holiday Luncheon

Garfield Senior Activity Center
480 Midland Ave
Garfield, New Jersey, 07026

Wednesday, December 25, 2024
10:00 AM - 2:00 PM

To RSVP call 973-478-0502 or email seniors@bergencountynj.gov



The Senior Activity Center activities and programs are funded by the Bergen County, Division of Senior Services through the Older Americans Act, and are available at no charge for Bergen County residents 60 years old and over.



Bergen County Division of Senior Services supports and promotes diverse and inclusive communities, and does not discriminate based on age, color, creed, gender, gender identity, mental or physical disability, national origin, political affiliation, race or sexual orientation in its provision of services or employment practices.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 10:00 Knitting & Crocheting 10:30 Zumba Gold</p> <p>Turkey & Red Bean Chili</p>	<p>3 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art</p> <p>Eggplant Rollatini</p>	<p>4 <u>Christmas Tree Decorating</u> 8:00 Walmart Shopping 10:00 <u>Holiday Cards for Veterans</u> 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts</p> <p>Chicken Piccata</p>	<p>5 8:00 ShopRite Shopping 9:30 <u>Blood Pressure Screening</u> 10:30 Chair Yoga 12:00 Chair Flow Exercise 12:15 <u>Electronics Class</u></p> <p>Pork Loin w/ Gravy</p>	<p>6 10:00 Senior Fitness 10:00 Knitting & Crocheting 10:30 Informal Art-Painting 12:00 Bingo</p> <p>Egg Salad Platter w/ Romaine</p>
<p>9 10:00 Knitting & Crocheting 10:30 Zumba Gold</p> <p>Cheeseburger</p>	<p>10 10:00 <u>Coffee with a Police Officer</u> 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art</p> <p>Korean BBQ Chicken Leg</p>	<p>11 <u>Gingerbread House Day</u> 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts</p> <p>Salisbury Steak w/ Gravy</p>	<p>12 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise</p> <p>Chicken Francese</p>	<p>13 10:00 Senior Fitness 10:00 Knitting & Crocheting 10:30 Informal Art-Painting 12:00 Bingo</p> <p>Balsamic Chicken w/ Peppers</p>
<p>16 9:30 <u>Blood Pressure Screening</u> 10:00 Knitting & Crocheting 10:30 Zumba Gold</p> <p>Turkey & Swiss</p>	<p>17 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art</p> <p>Italian Meatballs w/ Ziti Marinara</p>	<p>18 <u>Ugly Sweater Project</u> 8:00 Walmart Shopping 10:00 Knitting & Crocheting 10:30 Active Adult Exercise 12:15 Arts & Crafts</p> <p>Cheese Omelet</p>	<p>19 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise</p> <p>Chicken Florentine</p>	<p>20 10:00 Senior Fitness 10:00 Knitting & Crocheting 10:30 Informal Art-Painting 11:00 <u>Party - Wear Ugly Sweater</u> 12:00 Bingo</p> <p>Chicken Marsala</p>
<p>23 10:00 Knitting & Crocheting 10:30 Zumba Gold</p> <p>Fish w/ Lemon Pepper Sauce</p>	<p>24 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art</p> <p>Stuffed Cabbage</p>	<p>25  Center Closed  <u>Holiday Luncheon</u> Garfield Senior Center 10am-2pm</p>	<p>26 8:00 ShopRite Shopping 10:30 Chair Yoga 12:00 Chair Flow Exercise</p> <p>Chicken Fettuccini Alfredo</p>	<p>27 10:00 Senior Fitness 10:00 Knitting & Crocheting 10:30 Informal Art-Painting 12:00 Bingo</p> <p>Homestyle Meatloaf w/ Gravy</p>
<p>30 10:00 Knitting & Crocheting 10:30 Zumba Gold</p> <p>Tuna Salad Platter</p>	<p>31 10:30 Chair Yoga 12:00 Line Dancing 12:00 Diamond Art</p> <p>Roasted Chicken Leg</p>	<p> happy holidays! </p>	<p></p>	<p>Suggested Lunch Donation: \$1.25 Per Meal Please reserve lunch by 11:30 AM the day before Lunch will Be Served at 11:30 Daily</p>