

Audacious RESISTANCE STRATEGIES

What Survivors Can Teach Us About Dynamic Resistance, Intentional Adaptation, and Transformative Advocacy in Anti-Violence Movements

**Wednesday,
January 22, 2025
9:30am-12:45pm**

4th Floor Learning Center
One Bergen County Plaza
Hackensack, NJ 07601

**FREE for
Bergen County
Employees
([Register Here](#))**

**\$45 for Non-
Employees
REGISTER &
PAY ONLINE:**



Join us for a workshop that transforms your understanding of domestic violence advocacy by recognizing survivors as resilient, active agents. Designed for both new and experienced practitioners, this session focuses on identifying systemic barriers to victim safety and supporting survivors' resistance strategies. You'll leave equipped with practical insights and actionable strategies to enhance your impact in domestic violence and victim advocacy.

In this workshop, participants will:

- Define domestic violence and coercive control, highlighting systemic harm to survivors
- Assess how intersectionality impacts survivors' healing and resistance narratives
- Explore trauma-informed and feminist approaches that empower survivor advocacy
- Identify the strengths and challenges of resistance strategies in survivor stories
- Gain practice tips to support survivors in finding safety and leadership
- Learn strategies to promote equity and allyship against systemic inequalities in your practice

For complete course description, agenda, cancellation policy, and more information, [click here](#).

3 Clinical Continuing Education Credits approved by the Association of Social Work Boards (ASWB) (Approval period 11/25/24-11/25/26)

How to Register

Bergen County employees: [Register Online \(No FEE\)](#)
OR email tcannon@bergencountynj.gov

Non-employees: [Register and Pay Fee \(\\$45\) Online](#)
(Select "Planning-Human Services Institute - Registration Fees")

Meet Your Instructors!

Laura Melendez, MSW, LCSW

(she/her) is the Senior Training Technician at Alternatives to Domestic Violence (ADV) in Bergen County, bringing over 10 years of experience in advocacy for youth and families affected by violence. She serves survivors directly, develops community programs, oversees the 40-Hour Training Program for Victim Advocates, and coordinates youth empowerment initiatives. Laura holds a bachelor's degree in Biological Sciences from Cornell University and a master's degree in social work from Rutgers University.



Sophia Traphagen, MSW (she/her)

is an advocate and educator dedicated to primary violence prevention and community education. As a Training Technician at Alternatives to Domestic Violence (ADV) in Bergen County, she facilitates educational workshops and conducts focus group research and program evaluations. Sophia holds a bachelor's degree in Psychology from Marist College and a master's degree in Social Work from Fordham University.

For questions or special accommodations requests, call 201-336-7425 or email tcannon@bergencountynj.gov