



**COUNTY OF BERGEN**  
**DEPARTMENT OF PUBLIC SAFETY**  
**BERGEN COUNTY POLICE ACADEMY**  
281 Campgaw Road · Mahwah, N.J. 07430  
(201)785-5700 · FAX (201)785-6036

**James J. Tedesco III**  
*County Executive*

**Kenneth R. Ehrenberg, Esq.**  
*Director of Police Academy*  
*Deputy County Administrator*

**Lt. Jennifer Rueda**  
*Officer in Charge, Police Academy*  
*Bergen County Prosecutor's Office*

October 8, 2024

Dear Chiefs and Training Coordinators,

In preparation for an upcoming physical assessment test for new candidates for Class #134 of the Bergen County Police Academy, we will be sponsoring a Pre-Entry Preparation Program (PEPP) on the following dates:

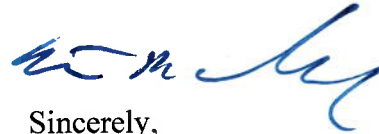
- Tuesday, October 15, 2024
- Thursday, October 17, 2024
- Tuesday, October 22, 2024
- Thursday, October 24, 2024
- Tuesday, October 29, 2024
- Thursday, October 31, 2024

The course runs between 0900 hours and 1000 hours at the Bergen County Police Academy. This course is not mandatory; however, it affords potential recruits an understanding of the mechanics of their actual physical assessment test. A full mock assessment will be conducted on October 15<sup>th</sup> and on October 31<sup>st</sup>. All course attendees must fill out the attached waiver form prior to arrival and bring it with them on their first day, along with a medical clearance form signed by a license physician.

Candidates should bring with them:

1. P.T gear (sneakers designed for running, t-shirt/sweatshirt, athletic shorts/sweatpants)
2. Water bottle
3. Notebook, pen(s)

If you have any questions please contact Lieutenant Jennifer Rueda at 551-265-0911.

A handwritten signature in blue ink, appearing to read "Ken Ehrenberg", written in a cursive style.

Sincerely,

Kenneth R. Ehrenberg  
Director